

THE GOOD LIFE

Spiritual Discipline of Confession

Speaker: Jairo

Below are some study questions that will help you and your Life Group dig deeper into the spiritual discipline of the Confession. We've included plenty of questions, but feel free to use just a few or choose whatever questions best fit your group.

Opening Discussion:

1. Now that you've practiced confessing with a trusted friend, what are some areas you feel God has shown up?

Context:

1. During this time when Paul was writing his letter to the church, there were a lot of false doctrines going around trying to discredit the teachings of Jesus. The Apostles created a set of creeds that the early church would confess daily in order to teach followers of Jesus of what they believe.

Bible Questions:

1. Ask group members to read 1 Timothy 6:12-14. Give them a few minutes with the passage, and then ask them to share what this passage means and how they can apply it to their lives.

Application Questions:

1. Why do you feel that it is important that Paul would instruct the church to hold on to their confessions? Are there areas today that you see where the church should hold on to the confessions that the early church has made?
2. In every season of life, there will always be heresies that will try to discredit the teachings of Jesus. The Bible is clear about false teachers so they exist. The question is, how do we practice daily confessions of the truth?
3. Refer to the Apostle Creeds on our website.

Closing & Prayer: [set aside 10-20 minutes for prayer]

Allow enough time to pray for each other. Pray for greater awareness of the intentional steps we can take to build a discipline of Confession. Take time to confess to each other if you feel comfortable.