

The Good Life – Slowing pt. 2 - Life Group Leader Guide

Below are some study questions that will help you and your Life Group dig deeper into the discipline of slowing. We've included plenty of questions, but feel free to use just a few or choose whichever questions best fit your group.

Opening Discussion:

1. How has it been engaging in the discipline of slowing this month? Where have you found yourself impatient or wanting to hurry?
2. What have you discovered about God, or yourself, as you have done your best to slow down your pace?

Bible Reading:

1. Ask someone to read **John 11:1-44**. (Perhaps break it up and have multiple people read.)
2. Why do you think Jesus waited two days before going to Bethany?
3. Martha predictably greets Jesus. (*"If you had been here, my brother wouldn't have died."* I.e., *"You should have hurried up."*) Have you ever wanted God to hurry up about something but found him moving at what seems like a slow pace? Describe that experience.

Application Questions:

1. At no point in Scripture do we find Jesus hurrying, yet also see him obeying God immediately. Living at a slowed pace does not mean delaying when God calls you into action. What is something you sense God calling you into that will require immediate action?
2. It is possible to obey God immediately and still live a life that refuses to hurry. As we move through this month and prepare to transition to a new spiritual discipline next month, how do you plan on "ruthlessly eliminating hurry" in your life in the future?

Closing & Prayer: *[set aside 10-20 minutes for prayer]*

Allow enough time to pray for each other. Pray for God to reveal any places He wants to bring you freedom this month through the discipline of slowing. Pray for a greater sense of His presence this month.