

## THE GOOD LIFE

### Spiritual Discipline of Prayer

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Below are some study questions that will help you and your Life Group dig deeper into the spiritual Discipline of Prayer. We've included plenty of questions, but feel free to use just a few or to choose whichever questions best fit your group.

#### **Bible Questions:**

Ask group members to read **Mathew 6:7-8**. Give them a few minutes with the passage and then ask them to share anything that stands out to them.

#### **Application Questions:**

1. Your Heavenly Father knows what you need before you ask him. So why do we still need to ask? Do you find it challenging to be open and honest with God about your needs? Why or why not?
2. Prayer is a two-way communication. What does having a conversation with God look like for you? Do you hear God's voice speaking to you? How can or do you make space for the conversation to go both ways?
3. Have you ever taken the time to ask the Father what he wants you to pray into or for? Share testimonies of the things God has played on your heart to pray for.

**Closing & Prayer:** *[set aside 10-20 minutes for prayer]*

Allow time to pray for each other. Pray for greater awareness of the intentional steps we can take to build a discipline of Prayer.