

THE GOOD LIFE

Spiritual Discipline of Prayer

Below are some study questions that will help you and your Life Group dig deeper into the spiritual Discipline of Prayer. We've included plenty of questions, but feel free to use just a few or to choose whichever questions best fit your group.

Bible Questions:

Ask group members to read **Mathew 6:5**. Give them a few minutes with the passage and then ask them to share anything that stands out to them.

Application Questions:

1. We know the importance and power of praying and yet we have a hard time intentionally doing it. What keeps you from prayer?
2. If all your prayers from the last week were answered tomorrow, would anything change? Would anyone else's life have been impacted or only your own?
3. There are aspects of prayer that include private, intimate time with the Lord. What are one or two steps you can take, starting this week, to build up your prayer life?

Closing & Prayer: *[set aside 10-20 minutes for prayer]*

Allow time to pray for each other. Pray for greater awareness of the intentional steps we can take to build a discipline of Prayer.