

THE GOOD LIFE | Life Group Leader Guide 2

Spiritual Discipline of Simplicity

Below are some study questions that will help you and your Life Group dig deeper into the Spiritual Discipline of Simplicity. We've included plenty of questions, but feel free to use just a few or to choose whichever questions best fit your group.

Opening Discussion:

1. Which of the suggested practices have you started, are currently in the middle of, and/or have completed? If you have not started, what has been stopping you?

Bible Questions:

Ask group members to read **Luke 12:22-34**. Give them a few minutes with the passage and then ask them to share anything that stands out to them. Reading different translations is helpful for further study and understanding of the passage.

1. Having previously read Matthew 6:19-24, where Jesus' teaches similarly about our hearts and treasure, why is there a connection between money and worry?
2. Is it wrong to worry? Why or why not?

Application Questions:

1. What's one area of your life you worry about most often? How can you put your faith in Jesus in an even deeper way this week to overcome that one area of worry in your life?
2. The key to using money wisely is to see how much we can use for God's purposes; not how much we can accumulate for ourselves. Does God's love touch your wallet? Does your money free you to help others? Discuss and share with each other on ways to encourage one another to store up treasures in heaven rather than on Earth.

Closing & Prayer: *[set aside 10-20 minutes for prayer]*

Allow enough time to pray for each other. Pray for greater awareness of the intentional steps we can take to build a discipline of Sabbath.