

## THE GOOD LIFE | Life Group Leader Guide 1

### Spiritual Discipline of Simplicity

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Below are some study questions that will help you and your Life Group dig deeper into the Spiritual Discipline of Simplicity. We've included plenty of questions, but feel free to use just a few or to choose whichever questions best fit your group.

#### Opening Discussion:

1. What were your initial thoughts when you learned that we are spending the month of May practicing the discipline of Simplicity?
2. Before reading any material and/or Scripture go around your group and ask each other what you understand the Discipline of Simplicity to be.

#### Bible Questions:

Ask group members to **read Matthew 6:19-24**. Give them a few minutes with the passage and then ask them to share anything that stands out to them. Reading different translations is helpful for further study and understanding of the passage.

1. Why should believers not store up treasures on Earth and instead practice Simplicity?
2. What kind of Earthly treasures is Jesus referring to in Matthew 6:19-20?
3. What does Christ mean by saying, "For where your treasure is there your heart will be also?"

#### Application Questions:

1. After having read Jesus' teaching on money, how would you like to begin (or continue) the pursuit of wealth better in your life?
2. What's one "treasure" in your life that you would like to work towards removing?

#### Closing & Prayer: *[set aside 10-20 minutes for prayer]*

Allow enough time to pray for each other. Pray for greater awareness of the intentional steps we can take to build a discipline of Simplicity.